



4-H YD NEWS

November 2025

St. Charles Parish 4-H Youth Development Newsletter



Upcoming Events

November

- 1: 4-H Enrollment forms due
- 11-12: Regional 4-H Challenge Camp
- 15: State 4-H Bash on the Bayou LSU Football Game and Tailgate
- 18: 4-H Culinary Arts Contest, 4-H Jr. Leader & CHEF Meetings
- 27-28: LSU AgCenter office closed

December

- 1: 4-H Photo Contest due date
- 2: 4-H Culinary Arts Contest, 4-H Jr. Leader & CHEF Meetings
- 24-31: LSU AgCenter office closed

January

- 1: LSU AgCenter Office closed
- 1: 4-H Photo Contest due date
- 13: 4-H Culinary Arts Contest, 4-H Jr. Leader & CHEF Meetings
- 19: LSU AgCenter Office closed
- 19: Parish 4-H MLK Day of Service
- 19: State 4-H Fashion Day Camp
- 24: State 4-H Fashion Day Camp

Check out our LSU AgCenter website and social media for additional opportunities.

For more information, contact your LSU AgCenter Extension Office



St. Charles Parish LSU AgCenter

Physical Address:

453 Spruce Street, Norco, La.

Mailing Address:

P.O. Box 557, Norco, LA 70079

Phone: 985-785-4473

Office Hours: M-F 8:00 a.m. - 4:30 p.m.

Closed 12:30 p.m. - 1:00 p.m.

4-H Agent: Dr. Kali Zammit

Email: kzammit@agcenter.lsu.edu

Website: www.lsuagcenter.com/stcharles

Message from your 4-H Agent

A major part of 4-H is learning how to use your hands for larger service to help your community. We want you to make a special effort to help those around you. Some ways that you can engage in your community is by participating in the 4-H Toy and Food Drive and our first major parish-wide event – our 4-H MLK Day of Service. Everyone is encouraged to do their part to give back with 4-H by using your hands to serve our St. Charles Parish community and beyond!

-Dr. Kali Zammit, St. Charles Parish 4-H Agent



*Dr. Zammit receives National & Southern Regional Communicator Awards; pictured with Louisiana 4-H Southeast Region Agents at National Association of Extension 4-H Youth Development Professionals Conference in Atlanta, GA

Rock your 4-H Records! (4th-12th graders)

Throughout the year, 4-H members are encouraged to keep records of all 4-H and non-4-H leadership, community service, and awards in which they have participated or received. **All 4-H Record Books will be due to the 4-H Agent by April 1.** 4-H members who are recognized as **Outstanding 4-H Records Award** recipients at the parish level will be considered for the State 4-H Records Contest. Congratulations to **MacKenzie Bellanger** and **Dalton Zammit** who were recognized as **State 4-H Records Contest Award Winners** this summer! More information on this contest will be posted in your School 4-H Club Google Classroom. Contact your 4-H Agent with any questions or for more information.

Parish Community Project Clubs meet in November

St. Charles Parish students are invited to participate in our Parish 4-H Community Clubs! Each club will conduct activities this month. Visit our social media, website, and your 4-H Club Google Classroom or contact your 4-H Agent for information on first meeting dates.



Cloverbud Community Club
K-3rd grade
Wednesday evening meetings once a month



Fashion Club
4th-12th grade
Wednesday evening workshops once a month; More as needed



Home School Club
K – 12th grade
Monday afternoon meetings once a month



CHEF Club
4th-6th grade
Tuesday evening meetings once a month



Shooting Sports Club
10 years– 12th grade
Sunday afternoon practices 1-2 times per month, safety meeting, & competitions



Jr. Leaders
7th-12th grade
Tuesday evening meetings once a month, service projects, & more



WE ARE BEYOND READY

St. Charles Parish 4-H Beyond Ready Achievement

Beyond Ready Meter

Help to make our best even better!
Everyone is encouraged to do your part
to help our St. Charles Parish 4-H
Program reach its Beyond Ready Goal,
which includes the

Louisiana 4-H

Fantastic 4 Principles.

Check out our monthly newsletters for
ideas to reach our goal and highlights
of our success. Clubs who achieve their
goal will receive recognition and
awards. Tune in each month to see our
progress and check out your 4-H
Google Classroom for status updates.



Beyond Ready **METER**

Enrollment

70% Achieved

Leadership

48% Achieved

Civic Engagement

Achievement
pending reporting

4-H Camp &
4-H University

Achievement
pending reporting

Enrollment

Goal: To increase school & community club membership

Spotlight: Hahnville High School 4-H

Congratulations to HHS 4-H for recruiting new high school club members! Members enjoyed teambuilding, popcorn, and planning service projects and leadership opportunities. **As a reminder to all clubs, 4-H enrollment forms are due to our LSU AgCenter Office by November 1, 2025.**



Award Incentive: Each club who increases by at least 1 member will receive support for a 4-H club party and/or awards for the club's 4-H members and 4-H Leaders.

Leadership

Goal: To increase participation in 4-H Jr. Leaders & enhanced leadership opportunities

Spotlight: 4-H Jr. Leader Club (for 7th-12th graders)

Upcoming 4-H Jr. Leader Club Meeting Dates:

- Tuesday, November 18, 2025
- Tuesday, December 2, 2025
- Tuesday, January 13, 2025

This is a parish-wide youth leadership club. For more information, contact your 4-H Agent.

(Pictured: 4-H Jr. Leaders volunteer with Superintendent, Dr. Ken Oertling, to support United Way of St. Charles community efforts at Battle for the Paddle)



Civic Engagement

Goal: For every club to participate in a community service or service-learning project

Spotlight: 4-H Toy and Food Drive

Celebrate the season by using your hands to larger service! 4-H clubs are encouraged to conduct a Toy and/or Food Drive to help our community. Clubs may donate to school families or contact your 4-H Agent by December 1 for collection and donation options.



Award Incentive: Every club who **reports** participating in at least 1 service-learning cycle/project and/or 3 community service projects **by March 15** will receive an award.

4-H Camp & 4-H University

Goal: To increase attendance at 4-H Camp and to have at least 10 youth participate in 4-H University contests or Clover College program

Spotlight: St. Charles Parish 4-H'er as Shooting Sports Ambassador

Congratulations to **Claire Oehldrich**, who was recognized at 4-H University this summer as a State 4-H Shooting Sports Ambassador! This year she will advocate and serve 4-H Shooting Sports at conferences, competitions, and more.

2026 Event Dates: 4-H Camp (May 25-28) and 4-H University (June 23-26)





*For the latest information on our
St. Charles Parish 4-H Program,
check out the following:*



St. Charles Parish
LSU AgCenter Website
www.lsuagcenter.com/stcharles



St. Charles 4-H Facebook Page
www.facebook.com/scp4h



St. Charles 4-H Instagram
@scp4h



Google Classroom

Many school clubs will use Google Classroom to communicate with their 4-H'ers. See your 4-H club leader for information on how to access their communication tools.

4-H Culinary Arts Contest (for 4th-12th graders)

All 4-H members are encouraged to participate in the culinary arts contest. These contests help our 4-H members grow in their cooking experience and skill level while enjoying quality time with families who assist them with the safety rules and sharing of traditional family recipes. The 4-H Culinary Arts contest will be split into different submission dates. Members will need to complete the [4-H Culinary Arts Registration Form](#) by the submission date to be considered for judging. All rules are posted on the online registration form.

Upcoming 4-H Culinary Arts Contest Submission Dates:

Tuesday, November 18, 2025: Louisiana Commodities

Tuesday, December 2, 2025: Egg and Sugar

Tuesday, January 13, 2026: Poultry and Wild Game



4-H members are asked to bring 2 servings of their dish, **cold and on ice**, in a sealed, non-returnable container on the submission date for each contest between **9:00 a.m. – 5:30 p.m.** at the St. Charles Parish LSU AgCenter Office, located at 453 Spruce Street in Norco, La.

4-H Photography Contest (for K-12th graders)

Do you enjoy taking pictures? Consider entering the 4-H Photography Contest! Take pictures based on the categories listed below. Official rules are listed in the online form. Complete the [4-H Photography Contest Online Form](#) by the dates listed below. Contest submissions may be submitted early. No late submissions will be accepted.

Upcoming 4-H Photography Contest Dates:

December 1, 2025: Landscape Photos

January 1, 2026: People Photos

February 1, 2026: Animal Photos

March 1, 2026: Still Life Photos



4-H All-Around Style Contest

Using your resources is a great skill to learn through 4-H. For this contest, we do not want you to buy anything! Use 1 piece of clothing in your closet to be the feature article of clothing that you style for three different occasions: (1) casual, (2) dressy, and (3) job interview. Official rules are listed in the online form.

Complete the [4-H All-Around Style Contest Form](#) by **February 1, 2026**. Contest submissions may be submitted early. No late submissions will be accepted.



4-H Virtual Talent Show Contest

Do you have a talent that you would like to share with our 4-H family? Consider participating in our Virtual Talent Show by submitting a video of you performing your talent. Complete the [4-H Talent Show Contest Form](#) by **February 1, 2026**. Contest submissions may be submitted early. No late submissions will be accepted.



4-H Virtual Pet Show Contest

Do you have a pet that you take care of? We want to hear all about it! Submit a video of you and your pet while answering questions. Complete the [4-H Pet Show Contest Form](#) by **February 1, 2026**. Contest submissions may be submitted early. No late submissions will be accepted.



**Note: To receive awards or recognition for parish 4-H contests, the 4-H member must be registered and approved through 4-H Online. Contest results will be posted on our social media or websites.*

Geaux'in



ABOVE & BEYOND

Regional, State, & National 4-H Opportunities



State 4-H Fashion and Beyond On Tour Day Camp



This **Louisiana State 4-H** adventure (1 day) is for **current 5th-12th grade 4-H members**. This experience will be held **January 19, 2026** (in Crowley, La.) or **January 24, 2026** (in Alexandria, La.) Selected participants will learn basic sewing skills and enjoy creating various fashion projects. Space is limited. Complete the [4-H Fashion Camp Online Application](#) for consideration to attend. See application for details and fees.
Parish Application Due Date: November 15, 2025.



State 4-H Honor Cord Award

This is a **Louisiana State 4-H Award** that recognizes 4-H graduating seniors for their participation in the Louisiana 4-H program during their high school career. The 4-H Honor Cords are issued for members to wear at their high school graduation. For more information on applying, contact your 4-H Agent.



Parish 4-H Senior Jacket Award



This is a **Parish 4-H Award** that recognizes 4-H graduating seniors for their participation in the St. Charles Parish and Louisiana 4-H program during their high school career. 4-H members can remember their 4-H experience while wearing a jacket that supports the St. Charles Parish 4-H Program. For more information on applying, contact your 4-H Agent.



4-H NIGHT AT THE PELICANS

State 4-H Night with the New Orleans Pelicans

This is a **Louisiana State 4-H** opportunity to experience a professional basketball game with 4-H families and friends! Join other 4-H members and families for a tailgate event prior to the New Orleans Pelicans professional basketball game at the Smoothie King Center in New Orleans. The event will be held on **Friday, January 30, 2026**. The tailgating opportunities are available to those who purchase tickets with the 4-H program, but space is limited. The deadline to purchase tickets is January 2, 2026. Transportation to and from event is on your own. Contact your 4-H Agent for more details.

Above and Beyond Partners

We would like to thank our continued partners of the St. Charles Parish 4-H Youth Development Program:



You and I ...
We are





4-H LOCAL FEATURE

Parish Monthly Clover Highlight



Geauxing Green with Service-Learning

St. Charles Parish 4-H MLK Day of Service

A Civic Engagement 4-H Youth Development Program of the LSU AgCenter

Event

Date: Monday, January 19, 2026

For: 4-H members & families

Location:

St. Charles Parish
LSU AgCenter Office
453 Spruce Street
Norco, LA

Schedule

8:00 a.m. – 8:30 a.m.

Orientation for 4-H Jr. Leaders, High School Members, and Adult Volunteers

8:30 a.m. – 9:00 a.m.

Sign-in for general 4-H members (K-8th grade) and families

9:00 a.m. – 12:00 noon

4-H Day of Service Activities

Activities

- 4-H'ers will participate in a full service-learning cycle.
- This event will include an assortment of activities that will address our Louisiana State 4-H Service-Learning focus – **Environmental Awareness**.
- 4-H'ers will celebrate their success of completing a service-learning project.



Important Event Information

- This event is open to all St. Charles Parish 4-H members who are registered and approved in 4-H Online.
- All 4-H members **must** pre-register by completing the 4-H Civic Engagement Event Online Registration Form.
- Registered members should check their email prior to attending for any reminders or changes.

**Complete Online Registration Form
by January 1, 2026, to attend.**



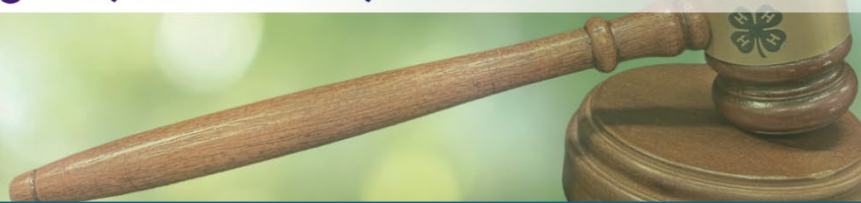
The LSU AgCenter and LSU provides equal opportunities in employment and programs. Should you need an ADA accommodation, contact the St. Charles Parish LSU AgCenter Office at least two weeks prior to the event.





4-H CLUB MEETING

Monthly Program, Resources, & Reminders



4-H Program Topic: Careers in Civic Engagement

Civic Engagement is one of the 3 major areas of 4-H. Based on 4-H members' interest and involvement in last month's 4-H meetings, here are some possible civic engagement careers that you may enjoy researching to learn more:

4-H Extension Agent	Marketing Specialist	Teacher	Historian
Parish Government employee	Community Director	Professor	President
School Board employee	Program Manager	Social Worker	Politician

When researching these career choices, here are some things to consider:

Strengths & Skills	Personality	Salary	Education & Training
Interest	Values	Job Market	Work-Life Balance

Career Connection Games: Civic Engagement Skills

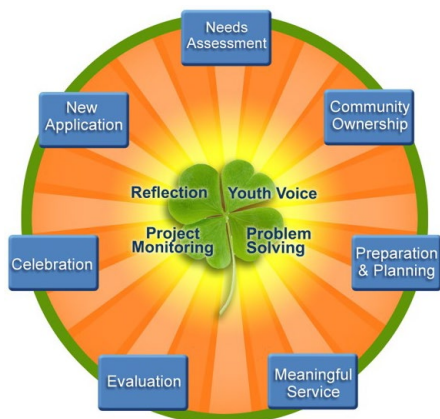
Below are a few essential **cognitive and problem-solving skills** that will help you in any career. Practice developing these skills by participating in the activities listed.

Critical Thinking & Problem-Solving: Thinking critically & finding solutions to challenges

Creativity & Innovation: Thinking outside the box and developing new ideas

Cognitive Flexibility: Adapting and switching between tasks and roles

Activity: Service-Learning Project – Did you know that by participating in a service-learning cycle, you can develop all these skills? Using the diagram and steps below, consider participating in a service-learning project that truly serves your community.



Needs Assessment – Identify needs in your club, school, or community that you can address.

Community Ownership – Identify partners that you can use to help with your project.

Preparation & Planning – Plan a service-learning project. Answer Who, What, When, Where, How, and Why. Plan what you need to learn to do the service.

Meaningful Service – Do the service project! 40+ hours is suggested for a quality project, including planning and doing the service.

Evaluation – What worked? What didn't work? What are suggestions for improvement?

Celebration – Celebrate your success by taking pictures, videos, or planning a celebration activity.

New Application – How will you use what you learned?

Throughout the cycle, **youth voice, problem-solving, reflection, and project monitoring** occur. Contact your 4-H Agent for more resources on conducting service-learning projects.

LSU College of Agriculture Careers in Civic Engagement



College of
Agriculture

The following are majors and minors offered through the LSU College of Agriculture in the area of Civic Engagement:

- **Agricultural & Extension Education** – major
- **Youth Development & Extension** – minor
- **Agricultural Communication** - minor

For more information on LSU College of Agriculture, visit:

<https://www.lsu.edu/agriculture/>

Meeting Ideas

Here are a few ideas that you can do at your next 4-H club meeting:

4-H Toy and Food Drive:

4-H hosts an annual Toy and Food Drive during November and December. 4-H Clubs are encouraged to host their own 4-H Toy and/or Food Drive to address food insecurity in our community. 4-H Leaders may contact the 4-H Agent for guidance.

4-H Contests:

Take some time at club meetings for members to participate in parish 4-H contests. There are several online contests listed in the newsletter this month.

4-H Service Projects:

4-H Clubs can plan to do service-learning and/or community service projects at 4-H club meetings. Plan time to meet your club service goal.

Meeting Reminders

Here are reminders for this month:

4-H Enrollment Forms

All 4-H Enrollment Forms should have been received by our 4-H Agent by November 1. If you would still like to enroll in the 4-H program or have not already submitted your enrollment form for this year, please contact our LSU AgCenter Office.

Note: 4-H members must submit a new enrollment form each year.

Parish 4-H Programs:

Don't forget to participate in the Parish 4-H Contests listed throughout the newsletter this month. 4-H members who complete these 4-H activities will receive points toward our 4-H Achievement Program.

Newsletters & Google Classroom:

Show your parents/guardians the monthly 4-H newsletters and your club's Google Classroom for 4-H updates and reminders.